

Your Safety

If you have questions or concerns about your care or if you just don't understand

IT'S OK TO ASK

We want to provide you with the best care possible and your participation in your health care is important. We have put together a program to give you the best possible care while ensuring your safety. Here are some recommendations that will help you be part of your health care team. And remember, "It's OK to ASK!"

- Ask questions about every aspect of your care.
- Ask caregivers to identify themselves.
- Remind caregivers to check your identity before giving you medication or initializing treatment.
- Speak up if it appears the caregiver has you confused with someone else.
- Remind caregivers/surgeon to mark the correct site if you are having a procedure.
- Ask caregivers to explain why a test or treatment may be needed.
- Remind caregivers to wash their hands before and after they give you care.
- Be sure to give all the necessary health information to your caregivers, including food and drug allergies.
- Tell caregivers about any medicines you are taking including vitamins, over the counter and herbal medicines.
- Know the medications you are taking, and inform the caregivers if they are different.
- Ask about medication side effects and tell the caregivers if you are having the side effects you were told about.
- Tell us about your pain, where the pain is, what it feels like, and if the pain medicine you received did not make you comfortable.
- Speak up if a situation feels unsafe or seems out of the ordinary.
- Be sure you and your family understand your discharge instructions before you are discharged.